

# HEALTHY KIDS CANADA: GENDER IDENTITY



## Book Summary:

This book teaches young children about alternate gender ideologies.

## Summary of Concerns:

This book contains alternate gender ideologies and reference to discrimination.

*Juvenile*

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**Child Guidance**  
BookLooks Review Rating

Page	Content
4	However, a person might be born biologically either male or female but identify with the other sex. In other words, they feel like a boy even though they were born as a girl.
6	Gender can also refer to how people see themselves. This is called gender identity. Sometimes, this isn't the same as biological sex. If a person has a gender identity that's different from their sex at birth, they might call themselves transgender. ...People who don't feel either male or female might call themselves non-binary. Gender identity is what we feel we really are.
14	Remember how some people don't always identify with their assigned gender? This could mean they are gender diverse. ...Gender fluidity refers to people who shift between identifying as one sex or the other.
17	Sometimes, they even prefer to use a different name. Their new name is usually one that's more of a fit for their preferred gender. ...Some people believe that there are only two genders. This is called gender binary. Even if you believe one thing about gender and sexuality, people might still try to put you in a certain group or category. ...There are many different genders and sexualities.